

**DR. RICHARD WINTER**  
CURRICULUM VITAE

COVENANT  
THEOLOGICAL  SEMINARY

[www.covenantseminary.edu](http://www.covenantseminary.edu)

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# Dr. Richard Winter

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Professor of Practical Theology and Counseling  
Director of Counseling Program

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## **CONTACT**

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## **FACULTY MEMBER SINCE**

1992

## **SELECT COURSES TAUGHT**

Introduction to Counseling  
Psychological Disorders  
Counseling Theories & Techniques  
Counseling Internship

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## **ACADEMIC AND PROFESSIONAL QUALIFICATIONS**

**St. Bartholomew's Hospital Medical School**, University of London, London, England

MB, Bachelor of Medicine, University of London (1968)

BS, Bachelor of Surgery, University of London (1968)

LRCP, Licentiate of the Royal College of Physicians (1968)

MRCS, Member of the Royal College of Surgeons (1968)

The above degrees are the British equivalent of the American MD

MRC Psych, Member of the Royal College of Psychiatrists, London (1975)

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## **MINISTRY EXPERIENCE**

**L'Abri Fellowship**, Hampshire, England

Counselor, teacher (1979–92)

Staff and administrator (1979–88)

Director (1988–92)

**International Presbyterian Church**, Hampshire, England

Assistant Pastor, (1986–92)

**Private Psychotherapist/Counselor**

St. Louis, MO (1992–present)

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## **TEACHING EXPERIENCE**

**Covenant Theological Seminary**, St Louis, MO (1992–present)

Professor of Practical Theology, Director of Master of Arts in Counseling, and Psychotherapist (1992–present)

**Bristol University Medical School**, England. Tutor in Mental Health (1978–79)

**L'Abri Fellowship**, Hampshire, England, Lecturer and Tutor (1979–92)

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## MEDICAL EXPERIENCE

### **Bristol General Hospital**, Bristol, UK,

Adult Psychiatry with special interest in liaison with general practitioners and in marriage and family therapy

### **Rochford Hospital**, Essex, UK

Medical Intern (1968)

### **St. Bartholomew's Hospital**, London, England

Surgical Intern (1969)

### **International Grenfell Association**, Newfoundland and Labrador, Canada

Medical and Surgical Resident (1970)

### **Barrow Psychiatric Hospital**, Bristol, UK (1975–77)

### **Bristol General Hospital**, UK

Senior Psychiatric Resident, (1975–79)

### **Maclean Hospital and Massachusetts General Hospital**, Boston, MA

Visiting Fellow (six months, 1976–77)

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## PRESBYTERY AND DENOMINATIONAL SERVICE

Moderator of Presbytery, IPC, Hampshire and London, England (1986–88)

Elder, International Presbyterian Church, Greatham, Hampshire, England (1982–92)

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## PROFESSIONAL SOCIETIES AND MEMBERSHIPS

Christian Medical Fellowship (UK)

American Association of Christian Counselors (AACC)

Christian Association of Psychological Studies (CAPS)

Society for Christian Psychology (SCP)

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## BOOKS

*When Life Goes Dark: Finding Hope in the Midst of Depression.* Downers Grove, IL: IVP, 2012.

*Perfecting Ourselves to Death: The Pursuit of Excellence and the Perils of Perfectionism.*

Downer's Grove, IL: IVP, 2005. Also published in Slovakia: Porta Libri, 2006, and was translated into Korean (2007 Korean IVP).

*Still Bored in a Culture of Entertainment: Rediscovering Passion and Wonder.* Downers Grove, IL: IVP, 2002. Also published in Slovakia: Porta Libri, 2006.

*Choose Life: A Christian Perspective on Abortion and Embryo Experiments*, with Marshall Pickering. 1988. Out of print.

*The Roots of Sorrow: Reflections on Depression and Hope.* 1986. Out of print.

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## ARTICLES

"Abortion—The Biblical and Medical Challenges," essays with Gordon Wenham, Care Trust (July 1983); previously published in *Third Way* as separate articles.

"A Biblical and Theological Perspective on Grief and Bereavement," *Journal of Psychology and Christianity*, 18, no. 4 (Winter 1999).

"Boredom," in *New Dictionary of Christian Apologetics*, Downer's Grove, IL: IVP (2006).

"Cross-Cultural comparison of British and American Psychiatric Emergencies," with Robert Apsler and Ellen Bassuk, *The American Journal of Psychiatry* 140 no. 2 (February 1983).

"Cutting and Washing: Circumcision and Baptism: Appropriate Symbols in an Erotic Culture." *Presbyterion: Covenant Seminary Review* 26, No. 3, Fall, 2000.

"General Practitioners, Counseling and Psychotherapy," with Michael Whitfield. Update: *The Journal of Postgraduate General Practice* (March 15, 1980).

"The Glory and Ruin of Man," in Francis Schaeffer: *Portraits of the Man and His Work*, ed. Lane Dennis, Wheaton, IL: Crossway, 1986.

"Grace: Unlocking the Prison of Perfectionism," *Covenant* (Fall 1995).

"Homosexuality" in *Medicine and the Bible*, Carlisle, England: Paternoster Press (1983).

"Jay Adams—Is He Really Biblical Enough?" *Third Way* (April 1982).

"Knowing the Invisible, Inaudible, and Untouchable God: Between the Garden, Galilee and Glory" *Presbyterion: Covenant Seminary Review* 25, no. 2, (Fall 1999); Also published in *Critique*, a publication of the Ransom Fellowship, no. 6, 1999.

"Lessons in the Art of Living and Loving," *Covenant* (June 1999).

"Pictures in the Mind," *Spectrum: A Magazine for Christians in Education* 13, no. 1 (Autumn 1980).

"Psychiatry and General Practice: Results of a Survey of Avon General Practitioners," with Michael Whitfield. *Journal of the Royal College of General Practitioners* (November 1980).

"The Pursuit of Excellence and the Perils of Perfectionism," *Christian Counseling Connection* 1 (2005).

"The Roots of Sorrow" *Covenant* (1998).

"The Search for Truth in Psychology and Counseling," *Presbyterion: Covenant Seminary Review* 31, no. 1 (Spring 2005); also published in *All for Jesus: A Celebration of the 50th Anniversary of Covenant Theological Seminary*, ed. Robert A. Peterson and Sean Michal Lucas. Fearn, Tain, Great Britain: Christian Focus Publications, 2006.

"Therapeutic Holiday Programs for Maladjusted Children at Residential Schools," with Martin Gay and Janet McQuitty. *Journal of the Association for Therapeutic Education* 3, no. 2 (Autumn 1975).

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## REVIEWS

*What's So Amazing about Grace?* by Philip Yancey, in *Presbyterion: Covenant Seminary Review* 25, no. 2 (Fall 1999): 128.

*Why Sin Matters: The Surprising Relationship between Our Sin and God's Grace* by Mark R. McMinn in *Presbyterion: Covenant Seminary Review* 32, no. 2 (Fall 2006).

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## PRESENTATIONS

"The Glory and Ruin of Man: Depression, Anxiety and Perfectionism," presented at The Francis Schaeffer Lectures, Covenant Theological Seminary, 1991.

Depression lecture presented at Central Presbyterian Church in St. Louis, Missouri. Search my name in the Library at this site for many more of my lectures on a variety of topics delivered over the past 20 years.

European Leadership Forum Lectures, covering topics such as anxiety, depression, forgiveness, homosexuality, perfectionism, pornography, and more.

"The Pursuit of Excellence and the Perils of Perfectionism," presented at The Staley Lectures, Wheaton College, Wheaton, IL, 2002.

Many other lectures given in diverse places.

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