Counseling Research Resources

Reference Tools
Use reference tools to get background information on your topic and learn the language and terms that scholars use. Don’t use as a source for your paper, but use to find good sources for your paper.

Online Reference Search: https://www.covenantlibrary.org/reference-search

Books
Look for subject headings to determine the best terms to use in your searching. Use subject headings to help craft highly targeted searches, but try different approaches to see what works best for YOUR topic.

Examples
(adultery OR infidelity) AND (counseling OR therapy)

(adultery OR infidelity) AND (“emotionally focused” OR “emotion focused” OR EFT)

MOBIUS
Use MOBIUS to get books that are checked out and/or to find books that Covenant doesn’t own. Request books and they’ll be delivered in 3-5 days, or check-out books in-person.
https://searchmobius.org

Journal Articles
Databases
- ProQuest Psychology
- MEDLINE/PubMed
- Academic Search Premier
- Child Development & Adolescent Studies

Peer-reviewed articles are vetted by other scholars prior to publication, so they are generally considered more reliable sources.

If you don’t see a PDF available, use the Find Full-Text at Covenant feature to see if one can be found in another database or online source, or to easily request an electronic copy from another library.