



Dr. Daniel W. Zink

Professor of Counseling



Contact

To reach me, contact 314.434.4044 or faculty@covenantseminary.edu

Faculty Member Since

1995

Select Courses Taught

Intro to Counseling
Marriage and Family Counseling
Crisis and Transition
Counseling Internship

Education

Saint Louis University, St. Louis, MO

Doctor of Philosophy (PhD) in Counseling and Family Therapy (2000) Thesis supervisor: Dr. Nancy Morrison
Thesis title: "The Enduring Marriages of Children of Divorce"

Covenant Theological Seminary, St. Louis, MO

Master of Divinity (MDiv) (1998), magna cum laude

Ohio State University, Columbus, OH

Master of Social Work (1977)

Eastern Nazarene College, Quincy, MA

Bachelor of Arts in Social Work Major, magna cum laude (1975)

Amherst College, Amherst, MA (1971–72)

Ministry and Professional Experience

In addition to his other service, Dr. Zink is an informal consultant to counselors and churches starting church-based counseling centers.

Restoration Counseling, Calvary Church, St. Peters, MO
Counseling Supervisor for Bret Toth (2003–present)

New Hope Counseling Services, St. Louis, MO
Director of Counseling (2000–05)

Chesterfield Presbyterian Church, Chesterfield, MO
Taught 11 different 6-week Sunday school sessions (1994–2008). Classes presented included: Responsibilities of Marriage (with Tim Galvin), Helping without Hurting, Navigating Difficult Relationships, Myths of Marriage, Heart of Wisdom, Suffering Hardships, Improving Marriage, Intimate Allies (based on book by Dan Allender), Launching Children, the Lord's Place in our Lives: Colossians.

Chesterfield Presbyterian Church, Chesterfield, MO
Worship Leader (1994–98)

New Covenant Presbyterian Church, Dallas, TX
Assistant Pastor (1989–90)

Sunshine Mission, St. Louis, MO
Program Consultant (January–June 1989)

Magdala Foundation, St. Louis, MO
Family Counselor (1986–88)

Franklin County Children Services, Columbus, OH
Caseworker (1977–79)
Case Manager/Supervisor (1979–85)

Teaching Experience

Covenant Theological Seminary, St. Louis, MO:
Professor of Counseling (2020–present)
Professor of Counseling and Director of Counseling (2018–2020)
Interim Director of Counseling (2016–2018)
Associate Professor of Applied Theology (2007–2018)
Assistant Professor of Practical Theology (1995–2007)
Adjunct Faculty, Director of Student Services/Chaplain (1990–95)
Master of Arts in Counseling Program

Professional Societies and Memberships

American Association of Christian Counselors
American Counseling Association

Articles

"Should We Give Up On The Family As We Know It?," *byFaith* (Feb. 2021).

Review of Joyce Meyer, *Healing the Soul of a Woman: How to Overcome Your Emotional Wounds*, *Presbyterion* 46, no. 2 (Fall 2020).

"Parental Apologies, Empathy, Shame, Guilt, and Attachment: A Path Analysis," with Jeremy Ruckstaetter, James Sells, and Mark D. Newmeyer, *Journal of Counseling & Development* 95 (Oct. 2017).

Review of Barbara Roberts, *Not Under Bondage: Biblical Divorce for Abuse, Adultery, and Desertion*, *Presbyterion* 36, no.2 (Fall 2010).

"Navigating Grief: Reflections on the Aftermath of the Death of My Brother," *Covenant* 24, no. 1

"The Good Marriage in a Relationally Traumatized World." *Covenant* 23, no. 1 (Spring 2008).

"Grace-Shaped Counseling" in *All for Jesus: A Celebration of the 50th Anniversary of Covenant Theological Seminary*, eds. Robert A. Peterson and Sean Michael Lucas. Fearn, Ross-shire, Great Britain: Christian Focus, 2006.

"The Practice of Marriage and Family Counseling and Conservative Christianity," in *The Role of Religion in Marriage and Family Counseling* (The Family Therapy and Counseling Series), ed. J. D. Onera, New York, NY: Taylor and Francis, 2007.

"Silence of the Heart." *Covenant* 18, no. 1 (Spring 2003).

"Who is This God We Serve?: Reclaiming a Biblical Fear of God." *Covenant* 13, no. 4 (August/ September 1998).

Presentations

"Tea with Dan—Thinking Together About Family Relationships" (Seven Sessions), Covenant Theological Seminary, St. Louis, Missouri, Fall 2019.

Speaker for two European Leadership Forum conference counseling tracks, Wilsa, Poland, May 2019.

Presentations included:

- Emotionally Focused Couples Counseling—A Whole-Person Approach for All Counselors
- Helping Couples Build a Good Marriage in a Divorce Culture
- Helping Couples Connect Deeply as God Intended
- Helping Couple Grow Through Conflict
- Points of Focus For Better Counseling
- Preparing Couples For Marriage To Divorce or Not To Divorce
- Using Emotionally Focused Couples Counseling to Counsel Couples Better
- Three Case Study Presentations

Intimate Allies: Discovering a Purpose in your Marriage (Marriage Weekend Retreat), Covenant Presbyterian Church, Chattanooga, Tennessee, October 2018.

TED Talk, Restoration Counseling Services, St. Peters, Missouri, June 2017.

Expressing Grace at Home (Marriage Conference), Southwood Presbyterian Church, Alabama, January 2017.

Future of Marriage (Marriage Conference), Refuge Church, St. Charles, Missouri, January 2016.

Taking Back Our Lives From Razor-Thin Margins, New Creation Church, Wentzville, Missouri, April 2015.

From Parents to Presidents (8 week series presented with Todd Denholm), Central Presbyterian Church, St. Louis, Missouri, Spring 2015.

Wednesday Evening Speaker, Friendship Village, St. Louis, Missouri, February 2015.

Wisconsin Presbytery Retreat, Wisconsin Presbytery, Madison, Wisconsin, October 2014.

Mastering Marriage, Memorial Presbyterian Church, St. Louis, Missouri, June 2014.

Growing We in You and Me (Marriage Weekend Conference), Trinity Presbyterian Church, Kailua, Hawaii, January 2013.

Family Camp Speaker, Maplewood Church, Sedalia, Missouri, May 2012.

Grace-Shaped Marital Therapy: Weaving Together Weaving Together Family Systems, EFT, Grace, and Truth in Couples Work, Marriage America Conference, Orlando, Florida, April 2012.

He Holds Families Together, Lux Conference-College Ministries Retreat, The Crossings Church, Columbia, Missouri, January 2012.

Parenting Seminar (3 Sessions), First Baptist Church, Ellisville, Missouri, Fall 2011.

Marriage as Bold Adventure (Marriage Conference), Harvest Orthodox Presbyterian Church, Grand Rapids, Michigan, April 2010.

Winter Youth Retreat, Southwood Presbyterian Church, Huntsville, Alabama, February 2010.

One True Thing (Marriage Conference), Fairview Reformed Presbyterian Church, Industry, Pennsylvania, January 2010.

Hold Me Tight, Young Adult conference with Rob Futo, Budapest, Hungary, May 2009.

Speaker for two European Leadership Forum conference counseling tracks, Eger, Hungary, May 2009.
Presentations included:

- In Pursuit of Prevention: Understanding the Dynamics of Divorce
- Marriage Counseling: How Can We Help Couple Communicate, Connect, and Care in Times of Discord, Hatred, and Hopelessness
- Out from the Shadows: Good Marriage in a Culture of Divorce
- Techniques or Relationship? Finding Clarity on Raising Kids Today
- Understanding Infidelity: What was I thinking and Now What Do We Do?

EFT With Couples (Co-presenter of four days of training), European Leadership Forum Eger, Hungary, May 2009.

A Christ-Centered Marriage, Christ Community Church, Chenoa, Illinois, March 2009.

The Heart of Marriage (Marriage Conference), New Life Presbyterian Church, Yorktown, Indiana, November 2008.

Together and Healthy in Tough Times for Families, Family Life and Marriage Conference, Pilgrim Presbyterian Church, Martinsburg, West Virginia, October 2008.

Staff training, ACTS project serving families with embers positive with HIV/AIDS, Addis Ababa, Ethiopia, June/July 2008.

"The Christ-Centered Marriage," marriage conference for St. Andrews Presbyterian Church, Midland, GA, October 2006.

"Impact Parenting," Seminar for parents of teens, Grace Presbyterian Church, St. Charles, MO (2006).

"Parenting," Conversations program, Chesterfield Presbyterian Church, Chesterfield, MO (2006).

Speaker, men's retreat, Grace Presbyterian Church, St. Charles, MO (2006).

Speaker, First Friday Fellowship Group (Women in Ministry Leadership Group) Covenant Theological Seminary (2006).

"Helping Others Make Marriage Work," training for ministry leaders, Covenant Presbyterian Church, St. Louis, MO (2005).

"New Family Models," breakout seminar for Francis A. Schaeffer Institute Lectures, St. Louis, MO (2005).

"Conflict That Works," Greentree Community Church, Kirkwood, MO (2005).

"Hope in Recovery," for Hope for the Sexually Wounded seminar sponsored by Grace Church, Maryland Heights, MO (2005).

"Dealing with Stress in the Ministry," 2005 Midwest Regional Conference, Church Planting, Mission to North America. I also served as a counselor for conference participant couples.

"The Heart of Marriage for Men and Women—Intentionally Walking Forward Together," marriage retreat weekend, Oak Mountain Presbyterian Church, Birmingham, AL (2005).

"What Role Do Parents Play In Their Teenager's Lives?" Bridgers group (parents of middle school students), Chesterfield Presbyterian Church, Chesterfield, MO (2005).

"Revisiting Counseling 101," with a Richard Winter, Connect Conference, Covenant Theological Seminary, St. Louis, MO (2004).

"From Here to Better," marriage retreat for Heritage Presbyterian Church, Wildwood, MO (2004).

"I'm Alive: The Truth in the Voice and Music of Jackson Browne," Friday Nights @ the Institute, Francis A. Schaeffer Institute, St. Louis, MO (2003).

"Fulfilling Your Calling in the Face of Criticism," seminar for Youth in Ministry Institute conference for youth workers, St. Louis, MO (2003). I also served as a counselor for conference participants.

"Character and Calling," seminar for Youth In Ministry Institute conference, St. Louis, MO (2002).

"From Here to Better: Building a Sound Marriage," marriage retreat speaker, Chesterfield Presbyterian Church, Chesterfield, MO (2002).

"What Dr. Spock Never Told Us: Resisting the Impact of Children on Your Marriage," seminar speaker, New Hope Counseling Services, Chesterfield, MO (2001).

"Making Marriage Better," marriage conference speaker, New Hope Counseling Services, Chesterfield, MO (2001).

"Intimacy in Marriage," marriage banquet, Concord Presbyterian Church, Waterloo, IL (1999).

Marriage Banquet, Westminster Presbyterian Church, Godfrey, IL (1996).