Dr. Jeremy Ruckstaetter

Associate Professor of Counseling
Interim Co-Director of Counseling

Contact
To reach me, contact 314.434.4044 or faculty@covenantseminary.edu

Faculty Member Since
2016

Select Courses Taught
Counseling Internship
Children's Development and Ministry
Research Methods

Education

Regent University - School of Psychology and Counseling, Virginia Beach, VA
PhD (counseling education and supervision), CACREP accredited

Covenant Theological Seminary, St. Louis, MO
MAC and MDiv

Armed Forces School of Music, Norfolk, VA
US Navy music and leadership training

University of Georgia - School of Music, Athens, GA
BMus (music education)

Ministry Experience

Crossroads Counseling Centers - St. Louis, MO
Licensed Professional Counselor December 2015 – Present

Trinity Presbyterian Church - Norfolk, VA
Resident in Counseling July 2012 – July 2015

Private Practice - St. Louis, MO
    Provisionally Licensed Professional Counselor July 2011 – June 2012

Central Christian School - St. Louis, MO
    School Counselor August 2011 – May 2012

Young Life - Dalton, GA
    Part-time Ministry Staff 1996 – 1997

Teaching Experience

Covenant Theological Seminary - St. Louis, MO
    Interim Co-Director of Counseling (2020 – present)
    Associate Professor of Counseling (2019 – present)
    Assistant Professor of Counseling (2018 – 2019)
    Assistant Professor of Applied Theology and Counseling (June 2016 – 2018)
    Graduate Teaching Assistant - counseling, systematic theology, and practical theology classes (2009 – 2012)

Missouri Baptist University - St. Louis, MO
    Assistant Professor of Counseling Education (August 2015 – June 2016)

Gordon-Conwell Theological Seminary - South Hamilton, MA
    Adjunct Professor/Instructor (January 2016 – Present)

Regent University, School of Psychology and Counseling - Virginia Beach, VA
    Adjunct Professor (January 2014 – Present)

Central Christian School - St. Louis, MO
    School Counselor and Teacher, grades pre-K–6 (August 2011 – May 2012)

Christ Presbyterian Academy - Nashville, TN
    Instrumental Music Director (1999–2002)

Professional Societies and Memberships

American Counseling Association
Association for Counselor Education and Supervision
Christian Association for Psychological Studies

Research and Publications

A Path Analysis of Parental Apologies, Empathy, Shame, Guilt, and Attachment. Doctoral Dissertation. Regent University, 2015.

"*Parental Apologies, Empathy, Shame, Guilt, and Attachment: A Path Analysis.*" With J. Sells, M. Newmeyer, and D. Zink. Journal of Counseling and Development (accepted for publication in 2017).

Professional Presentations

Parental Apologies with Parents and Children: Maximizing Developmental and Reparative Experiences. American Association of Christian Counselors (AACC) World Conference, September 2017.

Considering Parental Apologies as Clinical Interventions When Working with Parents and Children. Christian Association of Psychological Studies (CAPS) Annual Conference, March 2017.

Parental Apologies as Clinical Interventions When Working with Parents and Children. Missouri Mental Health Counselors Association (MMHCA) Annual Conference, September 2016.

Working with Families: Understanding Issues Faced by Parents of a Child with Special Needs. With K. Ruckstaetter. Regency University MA Residency, 2014.

Perceptions of Therapeutic Factors: Who's Correct—Members, Leaders, or Researchers? Virginia Association for Counseling Education and Supervision Counseling Graduate Conference, Virginia Beach, VA, 2014.

The Helping Relationship. Regent University MA Residency, 2013.

A Biblical View on Shame, Relationships, and Connection in Marriages and Families. Two-part adult class. Central Presbyterian Church, St. Louis, MO, 2012.

Awards and Grants

Virginia Counseling Association Foundation Pete Warren Fellow (2014)
Covenant Theological Seminary Grant for Theological Studies (2012)
U.S. Navy Achievement Medal U.S. Navy Good Conduct Medal